LIVE WEBINAR

A 3-HOUR WEBINAR FOR EMDR THERAPISTS
BY DR JUSTIN HAVENS



TUNING UP YOUR EMDR PRACTICE

From Basic Training to Competent Practitioner

This 3-hour webinar focuses on the 3 key areas of case conceptualisation, blocked processing and session structure. The aim is to make your EMDR practice more effective and enable you to utilise EMDR as a comprehensive psychotherapy with a wide variety of client presentations. It builds on the accumulated experience of Justin and includes client demonstrations and handouts. 3 CPD points have been awarded by the EMDR UK Association and a certificate will be provided afterwards. A recording of the webinar will be available if you cannot attend. Registration will take you to a paypal payment page (cost £60).

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BIO

Justin is an EMDR Consultant and member of the Board of the EMDR UK Association. He works in private practice and delivers webinars on EMDR, Flash and The Dream Completion Technique.

http://tiny.cc/register-emdr-jan
FRIDAY 20TH JAN 2023
9:30-12:30PM UK TIME

http://tiny.cc/register-emdr-mar
WED 1ST MAR 2023
4:00-7:00 UK TIME

http://tiny.cc/register-emdr-apr
FRIDAY 28TH APR 2023
9:30-12:30 UK TIME

http://tiny.cc/register-emdr-jun
FRIDAY 9TH JUNE 2023
9:30-12:30 UK TIME

PLEASE DO REGISTER
Your EMDR practice may never be the same again!

WHAT OTHERS HAVE SAID ABOUT THIS WEBINAR

"Great for learning how to focus an EMDR session and bring about change quickly"

"A great nuanced description of the many elements of EMDR"

"I really appreciated this training and it endorsed the potential for EMDR with complex clients"

"Wonderful clear presentation. There was much learning for me, and I am a Consultant"

"It felt like a basic training upgrade - more akin to how to practice in real life as opposed to by the book"

Learning Outcomes

- Understand how to move from a worksheet driven formulaic approach to the flexible use of EMDR through the 8 phases for all types of client presentations.
- Gain knowledge of different types of case conceptualisation and how it can be applied during History taking.
- Understand how other approaches such as Flash Technique, Attachment Informed, Parts/ego state approaches integrate with EMDR when working with complex trauma and other presentations.
- Develop strategies to improve the effectiveness of EMDR processing, including dealing with blocking beliefs, feeder memories and creating interweaves.
- Learn about common EMDR pitfalls, session structure and new metaphors for trauma/EMDR.